



Midwest Foster Care and
Adoption Association
3210 S Lee's Summit Rd
Independence, MO
64055

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October 2010

**CHRISTMAS PROGRAM
& CONFERENCE
SIGN-UP, INSIDE!**

Denise Goodman's Top Ten Myths that New Foster/Adopt Parents Learn the Truth about the Hard Way:

1. "Love is enough!"
2. I'm going to feel connected to my new son daughter.
3. My new child will assimilate easily into my family.
4. My new child's needs will be like my other kids' needs.
5. Our biological kids will embrace their new sibling.
6. Our extended family will welcome this new family member.
7. Friends and acquaintances will validate us as parents.
8. My new child will eventually 'forget' about his/her birth family and his/her past.
9. I can do for this child what wasn't done for me.
10. I won't feel negative about my child or doing this.

If you see yourself in these Top Ten Myths, don't despair. Call Mary at 350-0215. She can match you with an experienced mentor family who will help you find a more realistic way to love what you're doing and positively impact the children who come into your family.

Denise Goodman, national child welfare consultant and fabulous, fun trainer, visited the KC area last winter and brought a wealth of wisdom for foster and adoptive parents and social workers.

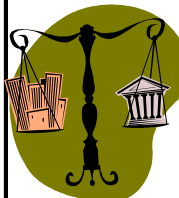
FOSTER PARENT BILL OF RIGHTS

Just 2 sessions remaining:

October 22, 2010 9 – 11 am
October 22, 2010 1 – 3 pm

The Children's Division staff has signed up for them but only a limited numbers of foster parents registered! This training is to teach YOUR rights to best advocate for your children. It became LAW in 2008 and the sooner you understand it, the stronger, more informed you will be. This is your last opportunity so sign up now.

Foster parents spoke loudly requesting that the trainings be moved to MFCAA, so we moved them all to the dining hall at MFCAA. Please sign up today for one of the 2 hour trainings by calling: Tammy Merriman at 889-2380.



When Foster Parents and Division Staff train jointly, it provides interesting discussions and great networking. Hope to see EVERY foster parent take advantage of this great opportunity!



Midwest Foster Care & Adoption Association Newsletter



Letter From the Executive Director

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Dear Friends,

I've been thinking for a while about how to talk to you about a frightening truth. The subject is especially scary to those who are new at this journey, but it can even be a little daunting for those of us who are 'old dogs'. And, the big truth that I want to share with you might also be seen as 'insulting' to some of the system partners we work with every day. There's always the fear, when you talk about those big invisible elephants in the room, that you might offend someone or cause them some unintended pain. In this case, the effort here is to spare you all some pain, by focusing your efforts on something that is possible, rather than hoping endlessly for something that is beyond our control.

Some of you know enough about me to know that I have a college degree in psychology. More of you know that I have twenty-five years of experience parenting abused and neglected kids (which is much more important than my college degree in psychology). All of that is important because the big hidden truth I want to share with you is that **even the very best therapists who work with our kids don't fix them.**

For a long time I waited for therapists to fix my kids, and wondered how my kids got stuck with therapists who didn't know how to do that important job. And then, for a while after that, I was hoping that a therapist might tell me what I needed to do to fix my kids, because surely if I was there with them, trying to fix them 24/7 they would get fixed. I thought that someone out there, who had lots of letters behind their name and plenty of experience in the child welfare field, might be able to do something, or teach me to do something, that would cause my kids to feel better, behave better, love themselves more, etc... I thought at some point a light bulb would go on in my kids' heads or their hearts and suddenly they would 'get it'. I've even said, and sometimes still do, "When are they gonna 'get it'?" which implies that there is something tangible that they can actually get.

I've had the pleasure of working with some wonderful therapists over the years. Therapists have done wonderful things with me. They've taught me how to understand my kids' various diagnoses and behavioral and developmental issues. They've helped me to remove myself from the picture as a cause of my children's issues or as a reason why the issues don't go away. Therapists have helped me to learn more effective parenting strategies and customize those for my various kids based on their individual needs. And sometimes, whether it's been working with me and my child, or my child alone, therapists have said or done things that really hit a nerve with my child or with me and sparked a change in thinking that lasted.

Still, the reality is that therapy (like parenting) is always a best guess. Unlike a bacterial infection, which can be treated with antibiotics effectively most every time, mental illness and traumas don't have a singular mechanism through which healing can be promoted. Therapists (whether they have doctor in front of their name, or MSW or LPC after their name) are using some nice theories, a little bit of research, and whatever life experience they've had to guide them as they work with your child or your family.

Lately we've seen a big push by the funders of our children's therapy (Medicaid) to try to 'buy' evidence based therapies for our children. Their goal is to pay for what works...what has been proven to fix our kids in the most efficient and appropriate way. The problem with that is, in reality there isn't much evidence out there which takes into account the triple whammy that many of our kids face. Most 'evidence based' techniques have not had clinical trials on populations of children who have been prenatally substance exposed, have a predisposition to genetic mental illness, and have suffered trauma due to substantial abuse or neglect. So, often all of the best therapeutic techniques in the world may not be effective with our kids.

If you've ever met an adult who survived a horrendous and traumatic childhood, you can clearly see the impact of that childhood experience on the person they've become. Some have become world savers; others suffer from anxiety related illnesses like obesity, high blood pressure, etc... Some have gone on to repeat the abuse on others. Some have struggled with self-abusive behaviors like addictions to alcohol, drugs, and destructive interpersonal relationships. While we may know adults who have survived childhood traumas that appear to be relatively normal and able to function in our society (and have clearly gotten better), we don't see the places inside of them where they still harbor the scars of their early experiences. But if you get to know them well, and they trust you enough, they will confess that even though it looks like they've got it all together, they are still impacted by their past experiences daily. They struggle daily with balancing what they have learned in their heads to be true (that they are worthy human beings) with what they innately feel in their gut to be true (that they are somehow unworthy of love, happiness, success, etc...).

No matter how hard we try as parents or as therapists, no matter how good we are, no matter what intervention we provide, we cannot completely fill up the hole that is created by childhood trauma and rejection, and we cannot change the genetics and bio-chemistry that produces mental illness.

So, if we can't really fix children's broken hearts, why would any of us take on the task of doing this work in child welfare? And for those of us who do choose to take on this work, can we learn to be satisfied with helping children get better, rather than trying to create a level of functioning that isn't possible for them?

Lately, I've been reading some of the writings of an African Cleric named Desmond Tutu. He has a pretty incredible perspective on life which has been forged from his own life and experiences in guiding people through the painful experience of combating apartheid in his country. Desmond Tutu says, "Our worth is intrinsic to who we are, depending on nothing extrinsic, whether it be achievement, race, gender or whatever else." I look at this statement and I know why we take on the task of working with children who may or may not get better, but will likely never be 'fixed'.

Our children, those who came to us at birth, and those who came to us later through whatever process that might have been, are valuable just as they are. They deserve, and are entitled to, the gift and burden which comes from belonging to the most important of all communities, a family. They desperately need our patience, our persistence, our hopefulness, and all of the best guesses that all of the adults in their lives can throw their way.

If we can come to terms with our inability to 'fix' our kids, or to find a professional who has the secret key, then we can accept them just as they are. We can meet them right where they are emotionally, developmentally, and behaviorally. We can commit to them with, and despite of, all of their faults and problems and all of the unchangeable facts of the lives we live with them.

I am not a perfect parent. I mess things up all the time (you can ask any of my kids, and they'll be happy to tell you of my failings as a parent). I can't fix bi-polar disorder, or reactive attachment disorder. I've never met a therapist who could help a black child feel like he isn't different from his white parents in a way that matters. I don't know anyone who can undo the child abuse or neglect and the damage that has already been done. But what I do know is that by loving my kids no matter how many times I have a negative school report, or how many times they tell me they hate me, and by NEVER giving up on the idea of a hope-filled future for them, I am in fact a perfect parent for them.

There is something about my belief in them and something about truly belonging to my imperfect family that seems to help them get better and go on to have lives which are not perfect (but which are substantially better than they might have been without the intervention of the child welfare system).

(continued on page 4)

(continued from page 3)

After all of these years, I don't believe anymore that I need to fix my kids. I still make sure my kids work with the very best therapists that I can find, but I don't expect those therapists to fix my kids. I believe that as a parent it is my job to use all that I have learned, and all that I can still learn, to provide my children with the safety, stability and guidance that they need to have the best possible opportunity for a good life (whatever that may be for each of them as individual people). It is my job to love them whether they take me up on my hopes for them or not. It is my job to stick with them and continue to care what happens to them, even when they don't have happy endings. It's my job to connect them with whatever resources I can muster...from within the community and the child welfare system and my own network of family and friends. And most of all, I believe that it is my job to show them by my UNCONDITIONAL love for them that they are valuable to ME.

Sincerely,

Lori Ross

Lori Ross
Executive Director



Dear Resource Families,

Effective October 1, 2010, the Jackson County Children's Division will be responding to all hotline calls alleging inappropriate discipline or other areas of concern regarding licensed placement providers. Historically, this has been handled by the Division's Out of Home Investigation (OHI) unit. The OHI unit is a statewide unit developed to investigate allegations of abuse and/or neglect of children who are in licensed placements and do not handle calls alleging inappropriate discipline or other areas of concern regarding licensed providers in other parts of the state. This change will allow the OHI unit to focus their attention solely on abuse/neglect allegations.

Hotline calls regarding inappropriate discipline and calls of concern about licensed placement providers will be handled by Jackson County Children's Division investigative staff. Investigative staff will still need to meet with all the children in the home and with the placement providers. Through the course of their work, if an investigator finds that inappropriate discipline was utilized, the resource family will still be referred to the Permanent Investigative Review Team (PIRT). Any other concerns about a resource parent will be referred to the family's licensing worker for follow up.

This should be a relatively low impact change on resource parents, with the exception that you may now get an opportunity to work with local investigative staff in addition to OHI unit staff. These changes were discussed with local management (Tammy Moore, Gretchen Wheaton-Weston and Sharon Becker) as well as Lori Ross, Lori Burns-Bucklew and Kathy Rodgers. I want to thank each of them for assisting in development of procedures which will guide us as we adjust to this change.

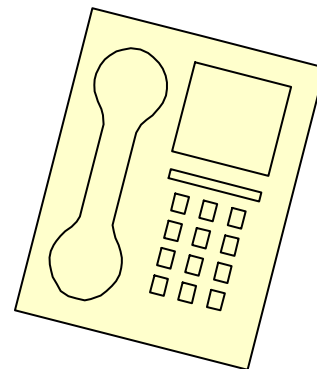
If you have questions, please forward those to your licensing worker. This is a new process for my staff as well and questions can be funneled up through supervisory channels to management staff.

As always, my thanks for all you do.

Sincerely,

VLB

Virginia Lewis-Brunk, MSW
Regional Director
Jackson County Children's Division
816/889-2815



Fostering Strategies for Change:

Children, Families, & their Communities



Up to 16 training
hours available

Conference Dates:

November 17 & 18, 2010

Conference Times
8:30am - 5:00pm

Kansas City Convention Center
301 West 13th Street • Kansas City, MO 64105

This **regional conference** is a unique collaboration focused upon improving and integrating services for children and families in the greater Kansas City region. Cornerstones of Care (COC), Midwest Foster Care & Adoption Association (MFCAA), University of Missouri - Kansas City (UMKC) School of Social Work, and the Missouri Children's Division merged resources for three events to support a single regional conference.













**Limited conference scholarships are available for foster/adoptive parents. To apply, please call 816-350-0215 to request scholarship no

Highlighted presentations include: Former foster youth panel, Open adoption panel, Advocacy 101, Adoption assistance, Child welfare trends: Keys to reunification, Understanding the sibling bond, Working with children, caregivers and communities when sexually reactive behavior has occurred, Teaching and protecting VS punishing and forgiving, Foster parent Bill of Rights AND MANY MORE...

For registration and
more info, visit us at:

fosteringstrategiesforchangeconference.org/

Or call MFCAA at
816-350-0215

sunday	monday	tuesday	wednesday	thursday	friday	saturday
OCT 					1 	2 STARS Trng 9-4
3	4	5 	6	7	8 	9 STARS Trng 9-4
10	11	12 	13	14	15  	16 STARS Trng 9-4
17	18 Dental Van	19 	20	21	22 	23
24  31	25	26 	27	28	29 	30



Clothes Closet
10a-2p



Food Pantry
9a-2p



First Friday
Training
6:30p



Third Friday
Training—7p
(6:30p dinner RSVP)

*For Dental Van Appointments:
Bobbie Mitchell/ 816-889-3512

NOTE: On the first Friday of each month, the Food Pantry is available to those who attend Training (in the evening). It is not open 9a-2p on this day.

Meeting of the Minds

In June 2009 we shared that local CD staff and local Resource Parent stakeholders had been meeting in the hopes of improving services for the children served by both groups. Since last summer, this group has met a couple of times, with the last meeting occurring in July 2010. During that meeting, the following accomplishments of the group were identified.

1. Resource parents are now speaking directly to new staff during new staff orientation. This is a great way to introduce new staff to foster parents and give them a real life perspective of what it means to be a resource parent.
2. A Foster Parent Bill of Rights curriculum has been developed and is being jointly trained by the Division and MFCAA. This training is open to both Division staff and resource parents.
3. Various MFCAA and Division policies and practices have been reviewed.
4. Resource parents have completed Walk in My Shoes with Division staff.

Participants of these Meetings of the Minds will continue to meet quarterly and continue to look at improving services to the children and families we serve, as well as improving relationships between Division personnel and resource families. Feel free to contact either or both of us to share your concerns or suggestions at the following e-mail addresses: lori@mfcaa.org or Virginia.j.lewis-brunk@dss.mo.gov or phone Lori 816 350-0215 and Virginia 816 889-2815.

On a side note, we both encourage all of you to consider attending this year's Foster Strategies for Change conference, scheduled for November 17-18, 2010 at the Kansas City Convention Center. We believe this will be an excellent opportunity for resource families and Division staff to interact. More information about the conference can be found on page 8 of this newsletter or on the MFCAA website (www.mfcaa.org).

Lori Ross and Virginia Lewis-Brunk, MSW



Monthly Reminders

Foster Parents are required to maintain a certain number of training hours in order to keep their licenses, and ALL parents can use additional tools to care for the children in their homes. MFCAA provides two great resources for “parent training.”

Resource Library

MFCAA has a lending library with video tapes, DVD's, cd's and books that can be checked out and used for outside training hours. Call Mary at 816-350-0215.

On-site Training—On-site Trainings are held at MFCAA, in the 2nd building on the far LEFT of the drive. Please park in the paved lot (continue past the training building, and follow the drive as it curves right), then walk to the training building (for more info call 816-350-0215). Childcare is provided during both training sessions, for children ages 3 and older.

ON-SITE TRAINING SCHEDULE:

October 1/6:30 - How do I keep the volcano from erupting

Many children suffer from poor coping skills. De-escalation is very important as many child placing agencies have a hands off policy. Learning the techniques that can prevent the explosion is key to managing children with issues of self control.

Presenter: Grey Endres— Gillis Director of Therapy Services

October 15/6:30 dinner (rsvp only if attending dinner (mary@mfcaa.org) Meeting 7p.

Parenting Children with Multiple Diagnosis

Jerald Payne, licensed therapist, will give you a diagnostic breakdown of the most common mental health issues facing our foster youth and suggestions on how to manage their behaviors. There will be time for Q&A's
Presenter: Jerald Payne

“MFCAA does not discriminate in the provision of service, in employment, or in membership on the agency’s governing board on the basis of race, color, national origin, marital status, gender identity or expression, sexual orientation, religion, age, disability, or ethnicity.”

Clothes Closet & Food Pantry

MFCAA's Clothing Closet provides clothing, shoes, coats, toys, high chairs, car seats and more, free of charge, to all MFCAA Members. In addition, our Birthday Closet offers parents the opportunity to choose a gift for each of their children. Clothing Closet hours are 10a-2p on Tuesdays and Fridays. Call Becky for special appointments (contact info below).

MFCAA's Food Pantry provides basic food items, free of charge, to all Members, and is open Tues and Fri from 9a-2p. In addition, the Food Pantry offers extended items, such as canned goods and hygiene products. These items are available to each member monthly, by appointment. Contact Becky for an appointment at 816-350-0215 or becky@mfcaa.org.



Hello Families!

Would you like to earn a **total of \$210** and help us understand how to help children in foster care be resilient? Then the **SPARK Project** is the perfect opportunity for you!

SPARK (Studying Pathways to Adjustment and Resilience in Kids) is a team of researchers who have been conducting surveys with families in Jackson County to find out what really helps children in foster care cope and be resilient. We have had many wonderful families sign up...

BUT WE ALWAYS NEED MORE FAMILIES!!!!

Foster parents are experts on the children they care for—because of this, we want to hear from you how your children are doing and what they need to be resilient. We need foster parents and children who are at least 8 years old to complete our surveys. Both you and your child will receive payment for participating each time you complete surveys. We can do surveys during days, evenings, and weekends at a community location convenient to your home and your family’s schedule—whatever works best with your family.

If you are interested in the **SPARK Project**, please call the **SPARK Project** team at (913) 897-8454. We’re looking forward to getting to know you and your family!

MFCAA Members Christmas Forms & Instructions

**Please read this information COMPLETELY
before filling out forms.**

MFCAA is pleased to invite you to participate in its 2010 Christmas adoption program. We want to assist as many families as possible have a happy holiday season. We hope to be able to provide 3 gifts to each child adopted. As you know, our program is a supplement to the other gifts you give the children in your home.

Please read the eligibility requirements and directions prior to completing your Christmas forms. All documents **must** be returned by **November 1, 2010** in order to participate.

ELIGIBILITY:

FOSTER, ADOPTIVE AND/OR KINSHIP FAMILIES

This program is designed to serve foster/adoptive or court ordered kinship families. Current MFCAA membership forms must be on file in our office to process your requests for Christmas assistance.

FOSTER, ADOPTIVE, KINSHIP AND BIOLOGICAL CHILDREN 18 YRS AND YOUNGER
The children you sign up for this program must be 18 years old or younger and currently living full-time in your home. If you have *special needs children* requiring your full-time care, and who must live in your house past 18 years old, you may sign them up if they are 21 years old or younger.

CHILDREN WHO ARE NOT ELIGIBLE FOR OTHER PROGRAMS

If your children qualify for programs such as Red Bag, Corporate Christmas or Cornerstones, they are not eligible for this program. You may still sign up any children who live in your home who are not eligible for any other program.

**YOU WILL RECEIVE A CONFIRMATION POSTCARD APPROXIMATELY
10-15 DAYS AFTER WE RECEIVE YOUR FORM.
IF YOU DO NOT RECEIVE THIS POSTCARD, PLEASE CALL US.**

Mail forms to: MFCAA/3210 S Lee's Summit Rd/Independence, MO/64055
For questions or to check on a registration form, or to update your information: 816-350-0215

Christmas forms can be completed online at www.mfcaa.org.

FILLING OUT YOUR CHRISTMAS FORM: Please read the instructions carefully. If your forms are not filled out correctly, we cannot guarantee your family will receive any of the items you request. Incomplete forms will be returned to you. Please do not request gifts which cost more than \$30.00.

Important: Include only your adopted, biological and foster children who are not receiving gifts through other programs (such as the Red Bag Program through Children's Division, or from Cornerstones of Care).

Definitions:

Family Needs—Household items such as bath towels, dishwasher detergent, mop & broom, toaster etc.

Family Wants—“Fun” items the whole family can enjoy, such as board games, movies etc

Children's Sizes—please keep in mind that you are filling this form out a couple of months before the children will receive the gifts. If your child's size is likely to change between now and December, please list the size you expect the child to be in December. **Please list “girls”, “boys”, “toddler”, “junior”, “adult”, etc, along with the size**

Bedding—if you request bedding, please indicate **“twin”, “full”, “queen”**, etc, and include the color you prefer

Child's Needs— Necessary items such as socks, underwear, coat, etc

Child's Wants—“Fun” items such as toys, music, games, books, etc

Favorite Character—Examples: princesses, Star Wars, Hannah Montana, GI Joe, NASCAR, favorite sports team

Activities— Fishing, sports, ballet, scrapbooking, piano, drawing, etc

Important—our program is meant to be supplementary and may not fulfill all of the “wants” your children have for Christmas. We ask that donors provide at least 3 gifts per child, but we have no control over how much each donor provides... some will provide everything requested, some will provide additional items, and some will not provide everything requested. If you want your children to receive every item listed, you should be prepared to purchase some of them yourself.

****We will do our best to accommodate all of our members who want to participate in the Christmas program, but we cannot guarantee that families who sign up after Nov. 1st will be matched with donors.**

****Donors are assigned randomly, according to the number of people/family type requested by the donor. You will most likely not be paired with the donor this year that you were paired with last year.**

INSTRUCTIONS:

- BE SPECIFIC ON YOUR CHILDREN'S WANTS/ NEEDS (use as much description as possible, for example: if you request earrings, include "silver hoops").
- PLEASE **DO NOT ASK FOR GIFT CARDS**. IF YOUR CHILD WANTS CD'S, DVD'S, ETC, ASK FOR THEM BY NAME.
- FILL OUT YOUR FORMS LEGIBLY (PRINT) SO WE CAN PROCESS THEM AS QUICKLY AS POSSIBLE.
- PLEASE ASK FOR APPROPRIATELY PRICED ITEMS. Items that cost more than \$30 (laptops, game systems, iPods, etc) WILL BE REMOVED from your list.
- ASK FOR PRACTICAL ITEMS.
- LOOK FOR INFORMATION ON WHEN AND WHERE TO PICK UP GIFTS IN OUR NOVEMBER & DECEMBER NEWSLETTERS AND ON OUR WEBSITE: MFCAA.ORG
- WHEN MAINLING IN YOUR REGISTRATION INFO, YOU WILL MAIL TWO PAGES: THIS PAGE AND **PAGE 10/11** OF THE NEWSLETTER (FRONT/BACK GIFT REQUEST SHEET)

2010 Adopt a Family Christmas Program Family Form – Pg. 1

No Donor will receive this family information sheet. It is strictly for tracking purposes.

1. Last Name _____ First Name _____
Address _____ City _____ State _____ Zip _____
Home Phone _____ Work Phone _____
Cell Phone _____ Household Income _____
Number of Adults _____ Number of Children _____

Office Use: Family #

2. Are you interested in having contact with donor/company/individual who has adopted your family?
(Some donors like to deliver the gifts themselves or communicate with you)

Yes, I would enjoy meeting the donor

No, I prefer MFCAA act as an intermediary

3. Please List the following Information for your children:

<u>Name of Child:</u>	<u>Race:</u>	List one: <u>Foster/Adopted/or Biological</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Family Needs (Must be less than \$30 each)

Family Wants (Must be less than \$30 each)

Child's First Name _____ Gender _____ Age _____

Pants Size _____ Toddler Kids Junior Adult *Child has an MP3Player? Y N*

Shirt Size _____ Toddler Kids Junior Adult *Child has a portable CD Player? Y N*

Underwear Size _____ Toddler Kids Adult Shoe Size _____ Toddler Kids Adult

Needs (must be less than \$30 each):

Wants (must be less than \$30 each):

Favorites: Color:

Character:

Activities:

Child's First Name _____ Gender _____ Age _____

Pants Size _____ Toddler Kids Junior Adult *Child has an MP3Player? Y N*

Shirt Size _____ Toddler Kids Junior Adult *Child has a portable CD Player? Y N*

Underwear Size _____ Toddler Kids Adult Shoe Size _____ Toddler Kids Adult

Needs (must be less than \$30 each):

Wants (must be less than \$30 each):

Favorites: Color:

Character:

Activities:

Family Form, Pg. 3 (PLEASE MAKE SURE THAT YOU INCLUDE PG 1 OF THE FAMILY FORM, LOCATED ON THE PREVIOUS PAGE, WHEN SENDING IN YOUR INFORMATION. THANKS!)

Child's First Name _____ Gender _____ Age _____

Pants Size _____ Toddler Kids Junior Adult *Child has an MP3Player? Y N*

Shirt Size _____ Toddler Kids Junior Adult *Child has a portable CD Player? Y N*

Underwear Size _____ Toddler Kids Adult Shoe Size _____ Toddler Kids Adult

Needs (must be less than \$30 each):

Wants (must be less than \$30 each):

_____	_____
_____	_____
_____	_____

Favorites: Color:

Character:

Activities:

Child's First Name _____ Gender _____ Age _____

Pants Size _____ Toddler Kids Junior Adult *Child has an MP3Player? Y N*

Shirt Size _____ Toddler Kids Junior Adult *Child has a portable CD Player? Y N*

Underwear Size _____ Toddler Kids Adult Shoe Size _____ Toddler Kids Adult

Needs (must be less than \$30 each):

Wants (must be less than \$30 each):

_____	_____
_____	_____
_____	_____

Favorites: Color:

Character:

Activities:

Child's First Name _____ Gender _____ Age _____

Pants Size _____ Toddler Kids Junior Adult *Child has an MP3Player? Y N*

Shirt Size _____ Toddler Kids Junior Adult *Child has a portable CD Player? Y N*

Underwear Size _____ Toddler Kids Adult Shoe Size _____ Toddler Kids Adult

Needs (must be less than \$30 each):

Wants (must be less than \$30 each):

_____	_____
_____	_____
_____	_____

Favorites: Color:

Character:

Activities: